

HOW TAROT CAN IMPROVE YOUR LIFE

Up until this very moment, your life has been shaped by a series of seemingly random events and choices. Many call this "luck" or "fate."

Please take a moment to reflect on this: your friends, job, home, lovers -- every aspect of your "world" is the result of being in the right place at the right time (or the

wrong place at the wrong time).

Have you ever noticed how some people seem to always attract good luck, while others endlessly suffer misfortune? These repeating patterns reflect a person's "karma."

Please know, karma is neither "good" nor

"bad" -- and it's definitely not punishment -- even if it can feel that way at times.

Simply put, karma is a life lesson that hasn't been absorbed. And until it's learned, you're gonna keep attracting the same situation over-and-over in an endlessly frustrating cycle.

We see these patterns in friends who repeatedly date emotionally unavailable partners. And those who always feel taken for granted. Or those who get fired from every job.

These folks aren't "doomed" or "cursed." Instead, there's a karmic message they're not receiving.

Every aspect of your life is reflected by your energy/karma. So when you pull Tarot cards, the "randomness" of these cards syncs up with your energy. If you ask the right questions, you'll gain a different perspective on life -- allowing you to do some powerful soul-searching.

Once lessons are learned, karma unravels, and your "luck" begins to change.

Those who regularly attend **TAROT 101** will gain profound personal insights and slowly improve their lives. During this process, please be gentle and patient with yourself -- and enjoy this insightful, powerful and rewarding journey!

THE ANATOMY OF THE TAROT DECK

The Tarot typically has 78 cards that depict the full range of the human experience. Most decks have two parts: the Major Arcana and the Minor Arcana.

The 22 Major Arcana are considered "trumps" because they form the foundation of the Tarot deck. These 22 cards represent a path to spiritual self-awareness and depict the various stages we encounter as we search for greater meaning and understanding. In this way, they hold deeply meaningful lessons.

There are also 56 Minor Arcana in a tarot deck. These cards aren't as significant as the Major Arcana, but they allow the reader to understand the subtleties and details that surround the major events and signifiers in a Tarot spread. In general, the Major Arcana represent large turning points and the Minor Arcana represent the day-to-day

insights.

Very similar to a regular deck of playing cards, the Minor Arcana consists of four suits (cups, swords, pentacles, and wands) and 14 cards for each suit. Each suit contains four "court cards" (page, knight, queen and king) which sometimes represent the people in our lives. Each suit also has "pip cards" which are numbered from one to ten (eg. two of swords; 10 of cups, etc.).



The "two of cups" is a Minor Arcana pip card.

THE IMPORTANCE OF ASKING THE "RIGHT" QUESTIONS

Imagine spending weeks climbing a treacherous mountain so you can meet with a wise guru. If you could only ask one question, would this question be vague?

Of course not. How can you expect clarity from the Universe when your intention isn't focused?

Several years ago, I did a reading for a friend who was eager to go to law school. The cards showed a happy outcome and a glorious career in law. After every law school in Canada rejected her, she called me and said the cards were wrong. I reminded her that she didn't give a specific time to reach this goal. Turns out, the following year she was accepted and she's now a very successful lawyer.

The cards weren't wrong. Her question didn't match her expectations.

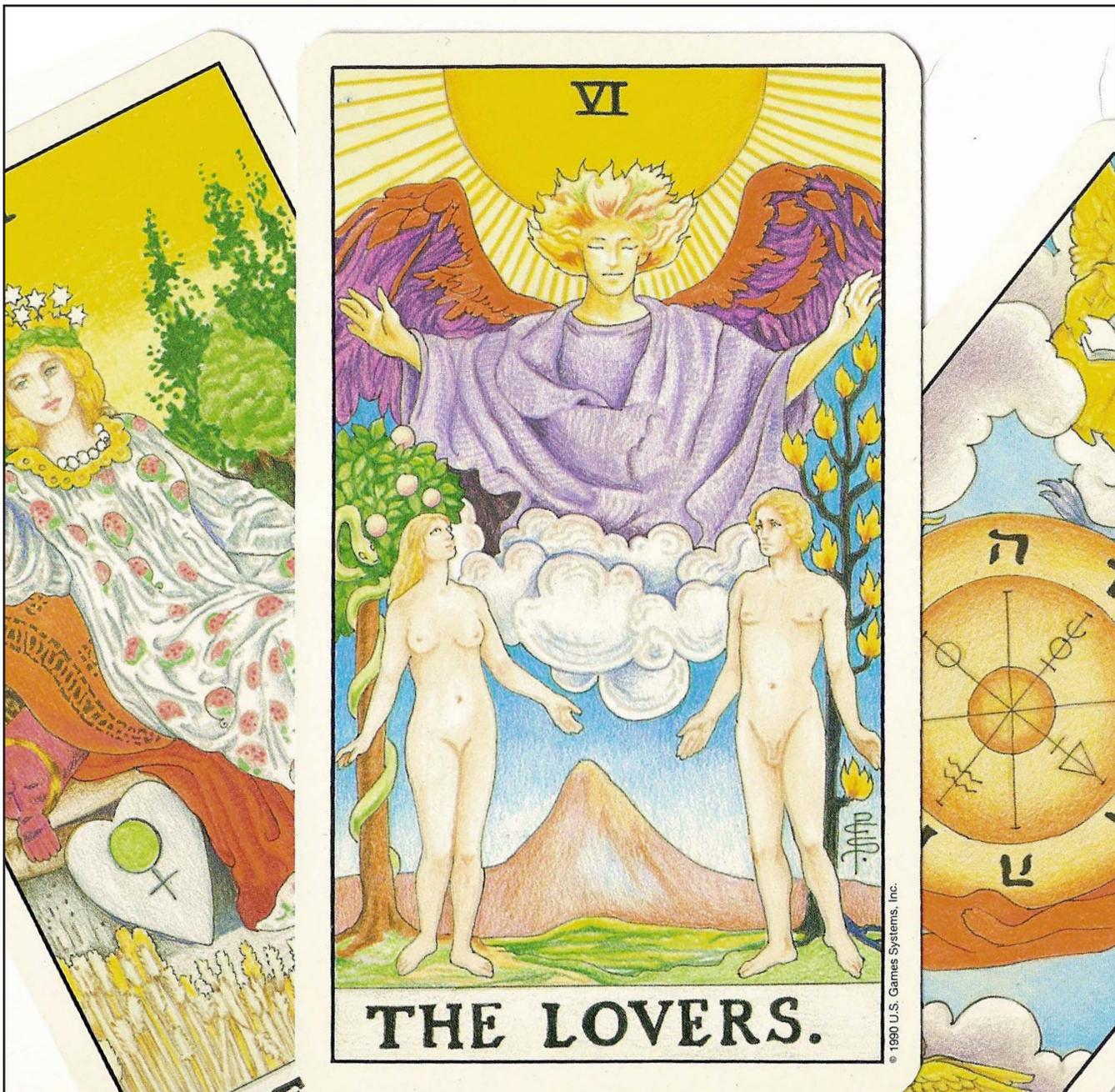
If you ask the cards how you'll feel after breaking up with your partner, you'll probably get depressing cards. However, if you



adjust this question and ask how you'll feel six-months after the break-up, you'll probably gain much different insights. Similarly, asking the cards about studying photography is pretty vague. You'll get a much better reading if you specify the school you plan on attending and gear the question towards your career prospects three-months after graduating.

Bottom line: never expect the Universe to fill-in-the-blanks when your questions are vague and expectations are assumed.

Also, for best results, please avoid asking "yes" or "no" questions of the Tarot. It's best to let the cards paint a picture so you can make a choice.



WORKING WITH THREE-CARD SPREADS

Three card spreads are a great way to probe a specific question. At each **Tarot 101** class, you'll perform two of these readings.

Working with three cards is like looking at a half-completed jig-saw puzzle. If you look at each puzzle piece close-up, you might be confused. But once you step back and look at the combination of pieces, your mind will fill-in-the-blanks and an image will appear.

That said, when using a three-card spread, try not to focus too heavily on each individual card. Instead, let your mind fill-in-the-blanks so the combination of these cards can tell a story.

To read these cards, please use the provided Worksheet. Starting with the card's visuals, please make note of the feelings and thoughts each card conjures. Next, use the provided "Cheat Sheet" to write down each card's meaning. Once all this info is written down, your group peers will help you piece a message together. Try not to censor or judge yourself (or your peers) during this creative process.

At the beginning of the meeting, the Facilitator will do a sample reading to demonstrate how three-card readings work.

Like anything else in life, the more you practice, the better you'll become. So

please don't expect to immediately grasp this. Also, please trust the cards you've pulled and only hold on to insights that deeply resonate. If an insight doesn't resonate, just let it go. However, if you have a strong/defensive reaction to a message, there's probably an element of truth to it.

Over time, you'll build a relationship with the cards. If your interpretation of the cards deviates from the meanings on the "Cheat Sheet," that's fine. Once you connect with the cards, the Universe will adapt to your unique "language" and the information will start flowing.

After all, Universe is brilliantly multilingual and has your best interests at heart :)